



HEALTHY AGING INFORMATION SESSION

TUESDAY NOVEMBER 21, 2017

10:30 a.m.-1:30 p.m. ECHO BAY COMMUNITY HALL

- 10:30 a.m.** **Bereavement Seminar**
North Channel Nurse Practitioner-Led Clinic
Speakers: Kim Greenwood & Karissa Barbarie
- 11:30 a.m.** **Recreational Therapy Program**
Alzheimer Society
Speaker: Heather Grant-Recreational Therapist
- 12:00 p.m.** **Light Lunch**
- 12:30 p.m.** **Dr. Harold S. Trefry Memorial Centre**
Jess La Combe, Assistant Program Coordinator
- 1:00 p.m.** **Finding Your Way Initiative**
Alzheimer Society
Lisa Meschino,

Pre-registration requested. Please call the municipal office at 705-248-2441.